

## OLDER ADULT MOBILITY

Nelson\Nygaard's transportation plans serve the needs of older adults who may not be ADA paratransit-eligible, yet still face mobility challenges. Our seminal research in the field complements the firm's extensive local project experience providing aging communities with flexible, inclusive alternatives to traditional paratransit—from hybrid transit models to older driver safety education.

### Paratransit Planning

While many are not registered with ADA programs, the majority of paratransit riders tend to be older adults; our national roster of projects reflects a commitment to the needs of paratransit eligible seniors.

### Flexible Transportation Planning

Transit agencies increasingly turn to transportation modes that bring older riders closer to their origins and destinations while operating at a greater level of productivity than is possible under paratransit. Nelson\Nygaard has planned numerous flexible transportation services, point-and-route-deviation services, and community bus systems.

### Older Driver Safety

In collaboration with the American Society on Aging, the firm has helped implement classes to extend safe driving of seniors through improved nutrition, exercise, and vehicle modification; the classes also help older adults know when to stop driving and what alternatives the community offers.

### Demand Projections

Demographic shifts in the populace will affect demand on future transportation services; this, in turn, impacts legislation on older adult mobility. Our seminal study *The Impact of Federal Programs on Transportation for Older Adults*, commissioned and published by AARP, provided forecasts and recommendations for policy and funding changes to meet future needs.



### Recent Projects include:

- **San Mateo County, California** — Senior Mobility Action Plan
- **Metropolitan Transportation Commission, California** — Older Adults Transportation Study
- **City of Concord, California** — Senior and Youth Transportation Plan